

# South Cumbria District

Manchester and North West Districts Branch  
Programme 2010



- 21 January**  
13.30  
**DSEAR with a bang!**  
**Roy Smith**  
Managing Director, Denios Ltd  
Buffet lunch from 12.00  
Venue: Commodore Hotel, Main Street,  
Grange-over-Sands, LA11 6DY  
Booking required by 15 January – email  
vhk.kirkhead@btinternet.com
- 18 February**  
10.00  
**IPD and CPD morning workshop**  
**Carol Stearne**  
Safety Adviser, H J Heinz Ltd  
**John Hannah**  
HSEQC Manager, Expro Group  
Sandwich lunch provided  
Booking essential – call 01539 797266 or email  
carol.stearne@uk.hjheinz.com
- 18 February**  
13.30  
**The industry impact of the Drivers’  
Certificate of Professional Competence  
for LGV and PCV drivers**  
**Pierre de Carteret**  
UK Programme Manager – Driver CPC,  
DHL Supply Chain
- 18 March**  
**Implementing workplace drug and  
alcohol policies**  
**Dr Howard Mason**  
Principal Scientist, Health Improvement  
Group, Health and Safety Laboratory
- 15 April**  
**HSE update**  
**Steve Smith**  
Head of Operations, HSE Preston  
**Annual General Meeting**  
**Martin Fishwick**  
Chairman, IOSH South Cumbria District and  
SCOHS
- 20 May**  
**Manual handling – one size does not fit  
all workplaces!**  
**Paul Bardon**  
Director, Get Set Training
- 08 June**  
morning  
**Chemical safety**  
**Roy Smith**  
Managing Director, Denios Ltd  
afternoon  
**EMAS and IOSH President’s address**  
EMAS inspector (*tbc*)  
**John Holden**  
President, IOSH  
Manchester and NW Districts Branch joint meeting  
Venue: Barton Grange Hotel, Garstang Road,  
Barton, Preston, PR3 5AA  
Booking required – call 01524 822072
- 15 July**  
**Risk education and involving workers in  
workplace safety**  
**Geoff Entwistle**  
Director, Brookson (3007) Ltd
- 19 August**  
**Works visit: BAE Systems, Barrow-in-  
Furness**  
Booking essential – call 01229 840243
- 16 September**  
**Practical guide to corporate social  
responsibility**  
**Rob Elvin**  
Partner, Commercial and Dispute Resolution  
(SHE Group), Hammonds LLP
- 21 October**  
09.30  
**Upper limb disorders (ULDs) and  
behavioural safety (leadership, worker  
involvement and competence)**  
**HSE and industry speakers tbc**  
Full-day seminar, £70 per person. Booking required  
by 12 October
- 18 November**  
**Lone working**  
**Johanna Beswick**  
Senior Psychologist, Health and Safety  
Laboratory
- 09 December**  
**Working at height**  
**Jim Tongue**  
Director, Accounting 4 Safety

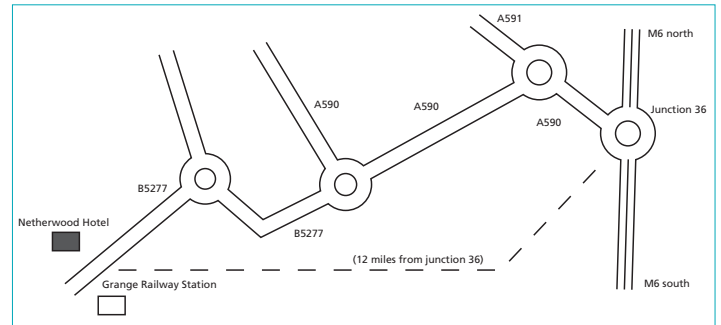
# South Cumbria District

## Venue and committee information

### Venue

Unless otherwise stated, meetings are held at the Netherwood Hotel, Lindale Road, Grange-over-Sands, LA11 6ET, and start at 13.30. For more information about the venue, visit [www.netherwood-hotel.co.uk](http://www.netherwood-hotel.co.uk) or call 01539 532552.

Meetings are free for IOSH members unless a price is given, and visitors are welcome by prior arrangement.



### District committee

#### Chair and Treasurer

Martin Fishwick  
+44 (0)1772 410038

#### Vice-chairs

Val Kennedy  
+44 (0)1539 532789  
Mark Holden  
+44 (0)1229 404836

#### Membership Secretary

Heather Reed  
+44 (0)1228 404392

#### Assistant Membership Secretary

Magda Trafas  
+44 (0)1228 404392

#### Programme Secretary

Val Kennedy  
+44 (0)1539 532789

#### Meeting Minutes Secretary

Carol Stearne  
+44 (0)1539 797266

#### Committee Minutes Secretary

Mark Holden  
+44 (0)1229 404836

#### Education, Development and Mentoring Advisers

John Hannah  
+44 (0)7919 165386  
Carol Stearne  
+44 (0)1539 797266

#### Website Co-ordinator

Val Kennedy  
+44 (0)1539 532789

#### Representative on Branch Committee

Martin Fishwick  
+44 (0)1772 410038

#### Committee Members

Martin Khan  
+44 (0)1539 431636  
Alan Knott (also SCOHSG President)  
+44 (0)1524 761653  
Geoffrey Price  
+44 (0)1257 422895  
Jim Tongue  
+44 (0)1229 840243  
Terry Swarbrick  
+44 (0)1229 839004